

THE WEEKLY BULLETIN

IMPORTANT INFORMATION FOR THE WEEK AHEAD

DATE: FRIDAY 17TH JULY 2026



A very happy final Friday to you all!

It's been an emotional week this week for two huge reasons. First, we say goodbye to Year 6 and we thoroughly enjoyed seeing them receive their leavers gifts during mass on Wednesday. They also produced an amazing performance of 'Wizard of Oz' where they truly excelled and showed what a fantastic team they have been all throughout their time at St Rose. We will truly miss them all and hope they remember us fondly as they move onto the next chapter of their lives.

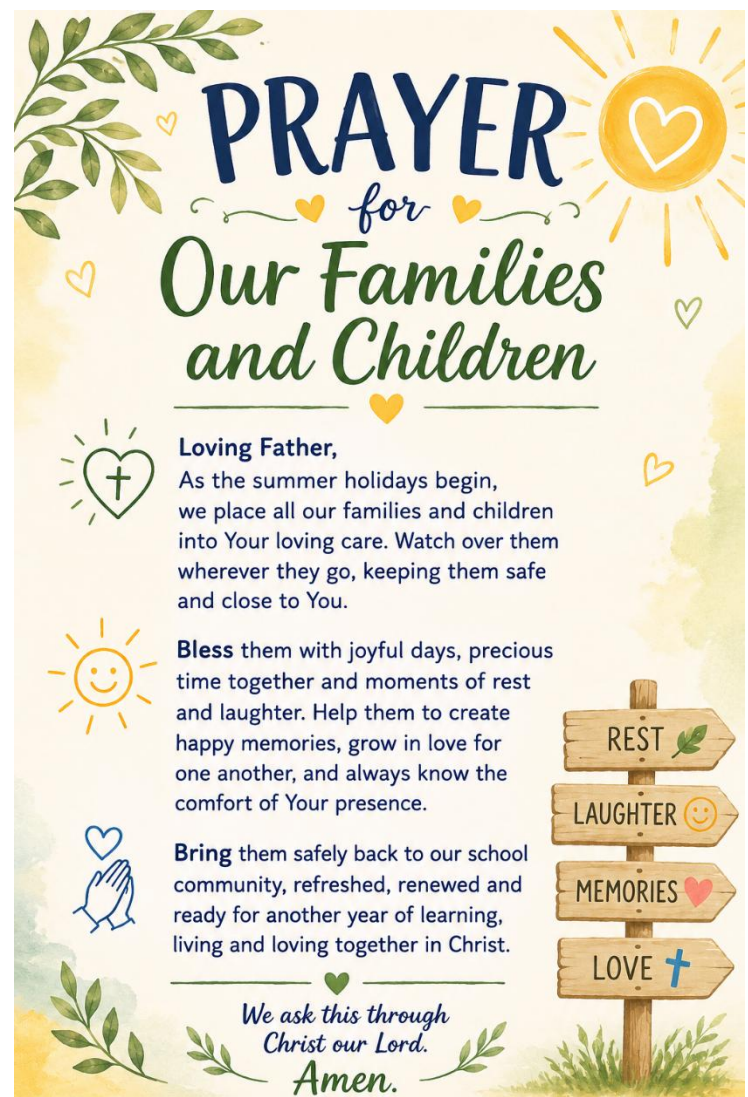
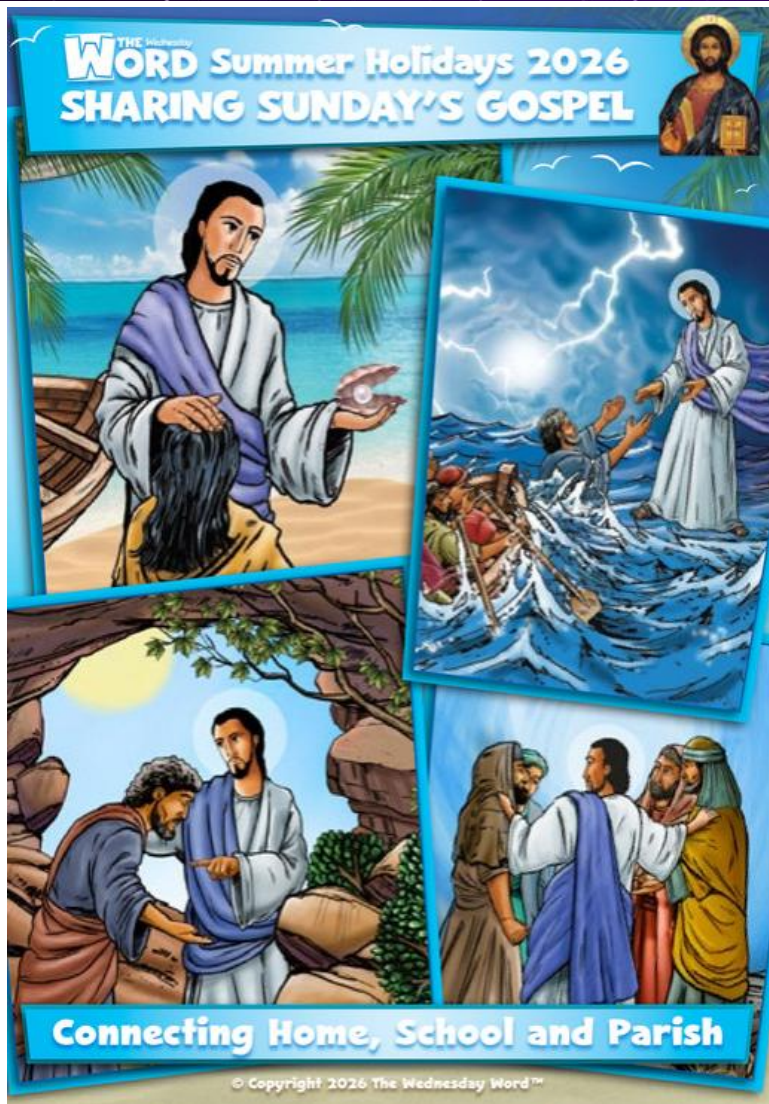
Unlike most years, we've also had another goodbye to make this year, and this has been very emotional for all the staff and children. As you will all know, Mr Carroll leaves us today, embarking on his next chapter in life as he begins his retirement. He leaves behind a legacy of creativity, technology and music, and we are all very lucky to have worked under his leadership and the children to have learnt through his faith and guidance. He will, of course, be sending his final newsletter in due course, so please take the time to read it and absorb the wonderful things your children have been doing this half term... and there's been a lot.

For me personally, this is now my final parent bulletin as Deputy Headteacher as I embark on the next chapter in my career as Headteacher. I look forward to seeing you all in September, where I'll be able to share some of the new initiatives that will be coming in the next academic year. This bulletin provides you with some essential information to help you plan for the new academic year. I hope you find it useful.

Which just leaves me with the chance to say, have a wonderful summer holiday. Enjoy the time with your family, take time to relax and for all the year 6 parents and children, we hope the next chapter brings as many happy memories as we hope you're taking with you from St Rose. God bless, Mrs Hensman.



Catholic Life at St Rose



Our Lady & St Rose of Lima Parish Church News

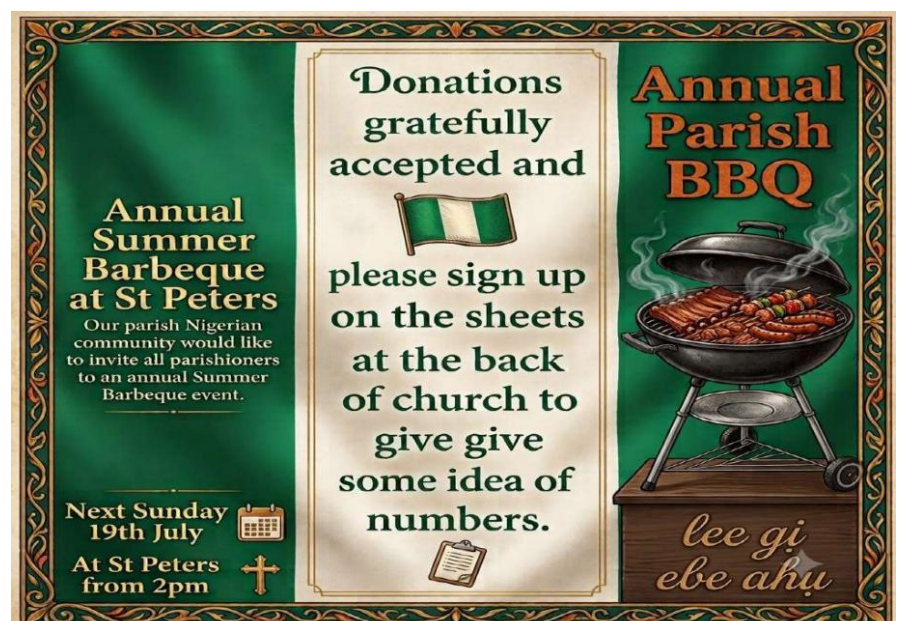
Parish Newsletter

[Click here for the full parish newsletter](#)



Sunday Mass Times

8.45am: Mass at St Peters
11.30am: Mass at St Rose





Our School Uniform

Proud, Prepared, Ready to Learn!

Our Everyday Uniform

Girls dresses are only permitted during the summer.

Dresses and skirts are **not** part of our winter uniform under any circumstances.



✓ Royal blue V-neck sweatshirt with school badge and gold stripe



✓ Royal blue cardigan with school badge and gold stripe



✓ White polo T-shirt



✓ Plain black joggers

Please note:
Leggings are **not** permitted at any time.



✓ Plain black trainers

Year 6 – Leading by Example



★ In Year 6, we want our children to feel different – to become ambassadors for our school and role models for others.

★ To reflect this important role, Year 6 pupils wear a navy blue jumper to distinguish them from the rest of the school.

★ We wear our uniform with **pride**, every day! ★

ATTENDANCE MATTERS



Every Day Counts. Every Minute Matters.



At Our Lady and St Rose of Lima, we are committed to helping every child attend school regularly and arrive on time. Good attendance and punctuality are essential for children to achieve their full potential, build positive friendships and develop confidence in their learning.



Arriving late can be upsetting for children and means they may miss important learning, morning routines and key messages that help them start the day successfully.



To support children and families, schools work closely with Birmingham City Council's attendance services. Where attendance or punctuality becomes a concern, additional support may be offered to help identify and overcome any barriers.

This support may include:

- ✓ Advice and guidance from attendance specialists
- ✓ Meetings to discuss practical support for families
- ✓ Working together to improve attendance and punctuality before concerns become more serious



Our aim is always to work in partnership with families, offering support at the earliest opportunity to ensure every child benefits from being in school, on time, every day.



Remember:
Every day counts and every minute matters!



If you are experiencing difficulties that are affecting your child's attendance or punctuality, please contact the school office.
We are here to help.





ATTENDANCE AND LEAVE OF ABSENCE



REMINDER



Regular attendance and punctuality are essential for your child's education and wellbeing. Every school day provides valuable opportunities for learning, developing friendships and building confidence.



As a parent or carer, you have a **legal responsibility** to ensure your child attends school regularly. Leave of absence during term time will **only be authorised in exceptional circumstances**.



Please be aware that if you choose to take your child out of school without authorisation, the absence will be recorded as **unauthorised** and may result in a **Penalty Notice** or **further legal action**.



Where requests are made due to a family emergency, careful consideration will be given to whether it is necessary or in the best interests of the child to miss school, particularly where the matter can be managed by adult family members without disrupting the child's education.



Even a short period of absence can have a significant impact on learning. For example, two weeks away from school equates to approximately **50 lessons missed** – learning experiences that cannot be repeated in exactly the same way.



We understand that family commitments and unexpected situations can arise, and we are always happy to discuss any concerns or difficulties you may be facing. By working together and prioritising attendance, we can ensure every child has the best possible opportunity to succeed, achieve their full potential and enjoy all aspects of school life.



EVERY DAY COUNTS, EVERY MINUTE MATTERS!



Thank you for your continued support.

Together, we can help every child develop good habits, achieve their very best and make the most of every opportunity that school provides.



2026-2027

Parent Planner

Everything you need to know for the year ahead.

Learning
Living
Loving
together in
Christ

AUTUMN TERM

SEPTEMBER

-  1st and 2nd – Teacher Training Days
-  3rd – Children return to school
-  3rd and 4th – St Rose of Lima Celebration Days
-  7th – Year 6 Parent Workshop
-  9th – Year 5 Parent Workshop
-  10th – Year 4 Parent Workshop
-  14th – Year 3 Parent Workshop
-  14th – 20th – National Coding Week
-  16th – Year 2 Parent Workshop
-  17th – Year 1 Parent Workshop
-  23rd – Reception Parent Workshop
-  24th – Nursery Parent Workshop
-  25th – Macmillan Coffee Morning

OCTOBER

-  All Month – History Month
-  2nd – National Poetry Day
-  4th – 10th World Space Week
-  5th – 11th Libraries week
-  9th – Yellow Day for Young Minds
-  23rd – Our Heritage Day
-  23rd – Children break up for October half term holiday

KEY

-  Teacher Training Day
-  Children return to school
-  Liturgical Celebration
-  Parent Workshop
-  Curriculum / Learning
-  Performances
-  Swimming
-  Charity Event
-  School Holiday

CHRISTMAS PERFORMANCES

EYFS & Year 1

- Monday 14th December at 2pm
- Tuesday 15th December at 9:30am

Year 2 & KS2

- Thursday 17th December at 3:30pm

NOVEMBER

-  2nd – Teacher Training Day
-  3rd – Children return to school
-  9th – 13th World Nursery Rhyme Week
-  10th – 14th Anti-bullying Week
-  11th – Remembrance Day
-  11th – Parent Consultation Afternoon
-  16th – 27th – Years 5 & 6 Swimming
-  24th – Red Wednesday – Advent Charity 1

DECEMBER

-  4th – Advent Charity Day 2
-  7th, 8th & 9th – Assessment Mornings
-  9th – Christmas Story Event
-  9th – Christmas Jumper Day
-  11th – Advent Charity Day 3
-  14th – EYFS & Year 1 Christmas Performance (afternoon performance)
-  15th – EYFS & Year 1 Christmas Performance (morning performance)
-  17th – Year 2 & KS2 Christmas Performance
-  18th – Advent Charity Day 4
-  18th – Children break up for Christmas holiday

YEARS 5 & 6 SWIMMING

Monday 16th – Friday 27th
November



At
OLSR we...

♥ Learn
with curiosity
and joy

♥ Live
with faith
and kindness

♥ Love
one another
as Jesus does

✝ Together
we grow
in Christ

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SPRING TERM

JANUARY

-  4th – Teacher Training Day
-  5th – Children return to school
-  6th – Year 6 Parent Workshop
-  7th – Year 5 Parent Workshop
-  11th – Year 4 Parent Workshop
-  11th – 22nd – Years 3 & 4 Swimming
-  13th – Year 3 Parent Workshop
-  14th – Year 2 Parent Workshop
-  18th – Year 1 Parent Workshop
-  19th – Reception Parent Workshop
-  20th – Nursery Parent Workshop
-  26th – One Life Retreat Day
-  29th Jan – 5th Feb – Book Fair



FEBRUARY

-  9th – Internet Safety Day
-  18th – Children break up for February half-term holiday
-  22nd – Children return to school
-  26th – Lent Charity Day 1



KEY

-  Teacher Training Day
-  Children return to school
-  Liturgical Celebration
-  Parent Workshop
-  Curriculum / Learning
-  Performances
-  Swimming
-  Charity Event
-  School Holiday

WORLD BOOK DAY

For World Book Day, children are invited to come dressed as their favourite book character, so *start planning your costume now!*

WORLD BOOK DAY



MARCH

-  3rd – Brew, Book and Bake
-  4th – World Book Day
-  5th – Lent Charity Day 2
-  8th – 12th – British Science Week
-  12th – Lent Charity Day 3
-  17th – Parent Consultation Afternoon
-  19th – Lent Charity Day 4
-  22nd, 23rd & 24th – Assessment Mornings
-  25th – Children break up for Easter Holiday at 1pm



LENT CHARITY DAYS

- Lent Charity Days
- 26th February
 - 5th March
 - 12th March
 - 19th March



BRITISH SCIENCE WEEK

8th – 12th March 2027



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Learn
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and joy



Live
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Love
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SUMMER TERM

APRIL

- 12th – Teacher Training Day
- 13th – Children return to school
- 22nd – Earth Day



MAY

- 3rd – May Bank Holiday
- 8th – David Attenborough Day
- 10th – 13th – KS2 SATs Tests
- 25th – Children break up for May Half-term



KEY

- Teacher Training Day
- Children return to school
- Liturgical Celebration
- Parent Workshop
- Curriculum / Learning
- Performances
- Swimming
- Charity Event
- School Holiday

JUNE

- 7th – Children return to school
- 8th – World Oceans Day
- 7th – 18th – Y4 Multiplication Tests
- 14th – 18th – Y1 Phonics Screening
- 21st – World Music Day
- 22nd – Book Share



JULY

- 5th – Assessment all Day
- 6th – Assessment morning
- 7th – Transition Morning
- 9th – Reports go out to parents
- 13th – Healthy Living Workshop
- 14th – Charity Day
- 15th – EYFS & KS1 Sports Day
- 15th – Summer Fayre – school closes at 3:00pm
- 19th – Year 6 Leavers' Performance
- 21st – Year 6 Leavers' Mass
- 21st – Children break up for summer holidays



KS2 SPORTS DAY

KS2 Sports Day
TBC



SCHOOL SUMMER FAYRE

Thursday 15th July
School closes at 3:00pm
for all children.



YEAR 6 LEAVERS

19th – Year 6 Leavers' Performance
21st – Year 6 Leavers' Mass



SUMMER HOLIDAYS

Wednesday 21st July
Children finish for the
summer holidays.



At
OLSR we...

Learn
with curiosity
and joy

Live
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Love
one another
as Jesus does

Together
we grow
in Christ

Dates may be
subject to change.



Free School Meals



Healthy meals, happier learners, brighter futures.



Who will be eligible?

From September 2026, all children whose families receive Universal Credit will be entitled to Free School Meals. This means that many more children will be able to benefit from a free school lunch each day. [gov.uk], [gov.uk]



What does this mean for families?

There will be two types of Free School Meal eligibility:

Families receiving Universal Credit with annual earnings of £7,400 or less



- Children will receive free school meals.
- Schools will continue to receive additional funding through the Pupil Premium to support their education.
- Families may also be eligible for other support programmes. [gov.uk]

Families receiving Universal Credit with annual earnings above £7,400



- Children will receive free school meals.
- Schools will not receive additional Pupil Premium funding for these pupils. [gov.uk]



Important change to eligibility checks

- Previously, some children could continue receiving free school meals even if their family's circumstances changed. This protection will end at the end of the 2025–26 academic year.
- From September 2026, eligibility will be checked regularly and families will need to continue meeting the qualifying criteria to receive free school meals.



What should parents do?

If your family receives Universal Credit, we encourage you to apply for Free School Meals by following the link below:



<https://apply.cloudforedu.org.uk/ofsm/entrust>

- ✓ Registering your entitlement helps ensure your child receives any support they are eligible for.
- ✓ Further information about how to apply and check eligibility will be shared as it becomes available.



Thank you for your continued support.



PLACES KIDS EAT FREE

(OR FOR £1) SUMMER HOLIDAYS 2026

Helping families enjoy more together this summer!



ANGUS STEAKHOUSE

Kids under 8 eat FREE daily, 12pm to 5pm



ASDA

Kids eat for £1 daily, with no adult spend



ASK ITALIAN

2 Kids eat free every day until Sept 6th 2026



BELLA ITALIA

Children eat free Sunday - Thursday



BEEFEATER & BREWERS FAYRE

2 Kids Eat Free Breakfast with 1 paying adult



BILLS

Kids Eat Free weekdays until September 1st 2026



BREWDOG

1 Kid eats Free with 1 adult, 19th July - 31st August



CAFE ROUGE

Kids Eat FREE 12-4pm every day of the week



CHIQUITO

Kids eat free during all school holidays



COCONUT TREE

Kids eat free Mon 13th July - Sun 6th Sept



DOBBIES GARDEN CENTRES

Kids eat for £1 with an adult meal purchase



FARMHOUSE INNS

2 Kids eat FREE this summer holidays



FLAMING GRILL PUBS

Kids eat for 88p this summer holidays



FRANKIE & BENNY'S

Kids eat FREE during school holidays



FRANCO MANCIA

Kids eat FREE school holidays Mon-Thurs



FUTURE INNS

Under 5s eat for free with any adult meal



GORDON RAMSEY RESTAURANTS

Kids under 10 eat FREE all day, every day



HARVESTER

Kids eat for £1 every day until Sept 1st 2026



HUNGRY HORSE

Kids eat for 88p this summer holidays



IKEA

Kids get a meal from 95p daily from 11am



LAS IGUANAS

Kids under 12 eat FREE via the App



MARCO PIERRE WHITE

Kids under 12 Eat FREE daily with an adult spend



MORRISONS

Kids Eat FREE all day, every day with a £5 spend



PAUSA CAFE @ DUNELM

Kids eat FREE with every £4 spend all day



PIZZA HUT

Kids Eat Free Every Day after 3pm



PREMIER INN

2 kids eat for free with 1 adult breakfast



PRETTO

Kids up to age 10 eat free with 1 paying adult



PREZZO

Kids up to age 12 eat for £1 during half terms



PUREZZA

Kids under 10 get free pizza with every adult meal



SA BRAINS PUBS

Kids eat for £1 on Wednesdays



SIZZLING PUBS

Kids eat for £1, Every Monday to Friday, 3 - 7pm



TABLE TABLE

2 Kids Eat free breakfast daily with 1 paying adult



TESCO

Kids eat free every day this summer with a 65p spend



TGI FRIDAYS

Kids Eat Free until 6th September (Via App)



THE REAL GREEK

Kids under 12 eat FREE Sundays with £10 spend



TRAVELODGE

2 kids eat for £1 with 1 adult breakfast



TOBY CARVERY

Kids eat for £1 every day until Sept 1st 2026



TURTLE BAY

Kids eat free with every £15 adult spend via app



VILLAGE HOTELS

Kids eat free 20th July - 4th Sept via the village app



WHITBREAD INNS

2 kids eat for FREE with 1 adult breakfast



YO! SUSHI

Kids eat free all day (weekdays) in school holidays



ZIZZI

Kids eat free via app during school holidays



PLEASE NOTE:

Offers and dates are correct at the time of publication. Always check with venues or their apps for the latest terms and conditions.



Enjoy more family time and great food without breaking the bank!



FOR MORE DETAILS AND UPDATES:

moneysavingcentral.co.uk/kids-eat-free

Keeping your child safe online

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.



10 Top Tips for Parents and Educators

TECH-FREE SUMMER FOR TEENS

For many 11- to 16-year-olds, summer can quickly become screen heavy, especially when socialising, entertainment, and downtime all happen via their devices. Encouraging a tech-free summer isn't about banning technology altogether, but about helping young people rediscover friendship, creativity, independence, and the great outdoors. The NHS recommends that young people aged 5 to 18 aim for an average of at least 60 minutes of physical activity each day across the week.

1 BUILD OUTDOOR CHOICE



Teens are more likely to engage when they feel they have a level of control. Create a simple 'summer outdoors menu' with options such as cycling to a favourite café, playing rounders, visiting a skatepark, dog walking, photography walks, geocaching, or helping around the garden. Parents and educators can then ask young people to choose two or three activities each week that interest them.

2 PREPARE THE KIT

Small barriers can stop teenagers going outside, especially if they feel uncomfortable, too hot, or unprepared. Keep a grab bag with sun cream, water, snacks, plasters, a cap, period products, and a lightweight waterproof. During hot weather, plan shade, water breaks, and calmer activities, as vigorous exercise is not advised on very hot days.

3 TRY MICRO-ADVENTURES



Outdoor activities don't need to be expensive or complicated. A micro-adventure could be as simple as watching the sunrise, walking to a local viewpoint, making breakfast outside, visiting a new green space, or planning a bus journey to a nearby nature trail. Encourage teens to plan the route, snacks, and timings themselves to help build their independence.

4 LINK TO REAL INTERESTS



A young person who dislikes sport may still enjoy being outside if the activity connects with something they already care about. Link outdoor time to music, art, animals, fashion, cooking, photography, or social interaction. Ideas include sketching in a park, making a nature playlist, filming a wildlife vlog script, or designing posters for a community garden.

5 CREATE SOCIAL PULL



For many teenagers, friends are the strongest motivator in various areas of life. Parents can invite one or two friends on walks, picnics, or garden games, while schools can promote lunchtime leagues, outdoor clubs, or summer meet-ups linked to existing interests. Make these activities feel social rather than supervised, with adults nearby for safety but not dominating the experience.

6 MAKE TRAVEL ACTIVE



Active travel is a practical way to build outdoor time into everyday routines. Encourage young people to walk, cycle, or scoot short journeys where it's safe to do so, such as to school, the library, a friend's house, or a sports club. Educators could run a summer 'active miles' challenge, with pupils logging their journeys completed on foot or by pedal.

7 USE PHONE-FREE CHALLENGES



Rather than simply saying, "Put your phone away", turn time spent offline into a shared challenge. Try a two-hour, phone-free park visit, a family evening walk, or a tutor-group challenge where pupils track their screen-free outdoor hours and share what they've been doing. You could all agree to keep devices in a box, bag, or classroom drawer, and allow for check-in time afterwards.

8 OFFER REAL RESPONSIBILITY



Teens often respond well when outdoor activities feel purposeful. Give them the responsibility for setting up a garden get-together, planning a picnic budget, leading a warm-up routine, mapping a walking route, or organising outdoor equipment. Schools could ask pupils to design an outdoor wellbeing trail, manage a sports rota, or support younger pupils during activity sessions.

9 REPLACE, DON'T REMOVE



If screens are taken away without an appealing alternative, young people may see outdoor time as a punishment. Replace gaming sessions with football drills, dance practice, basketball shots, treasure hunts, or card games outside. Replace screen scrolling with a 'boredom box' containing items like chalk, a frisbee, skipping ropes, playing cards, seed packets, or a disposable-style camera.

10 CELEBRATE SMALL WINS



Not every teenager will suddenly love the outdoors, so recognise their gradual progress. Celebrate a 20-minute walk, an hour at the park, a phone-free picnic lunch, or choosing to cycle instead of being driven around. Parents and educators can use praise, certificates, group displays, or simple shared reflection to show that outdoor effort matters.

Meet Our Expert

The National College provides expert-led training and resources to support schools, trusts and education settings worldwide. Its guidance helps parents and educators understand the issues affecting children and young people today, covering topics such as safeguarding, wellbeing, digital safety, and healthy development.

See full reference list on our website

EdTech

SUMMER HOLIDAY GUIDE

It can be challenging to find holiday activities for digitally savvy young ones. There are plenty of edtech (educational technology) avenues to explore this summer, however, and we've compiled a rundown of our favourites...

For the gamer

There are some excellent free (or cheap) platforms out there which let budding programmers create their own games and characters. Children can discover the basics of game design as they learn how to build characters and make them speak, move and interact with each other. Young ones can construct a game from scratch and then share it with their friends.

Try: Play Lab at code.org • Toca Builders

For the photographer

If your child is an aspiring photographer or loves fine-tuning images before posting them on social media, there are options which young people may find less daunting than Photoshop. As well as editing and adjusting photos, making illustrations or converting between image formats, some packages are geared towards illustration while others let you work with raster and vector graphics.

Try: Photopea • Sumopaint • PhotoGrid

For the sports fan

Video games are usually seen as reducing the time young people spend exercising. However, there is a genre that encourages physical activity: from music-based games that get users up and dancing, to sports simulators where the controller becomes a tennis racket. Devices' ability to track movement in real time and translate it into a game can make physical activity less of a chore.

Try: Runkeeper • Strava • Zombies, Run! (12+)

For the coder

Online, you can find a selection of programming environments where users can learn to make simple apps. Young people can design an app, code it in JavaScript or work in text-based language, then share their newly created app with friends. With millions of aspiring coders in the world, the internet has an abundance of tutorials to get young ones started.

Try: App Lab at code.org • Dance Party at code.org • Flappy Code at code.org • Hour of Code

For the explorer

Young adventurers can discover the world from new perspectives – strolling Tokyo's streets or soaring over Yosemite. For those with virtual reality headsets, Google Earth VR puts the whole planet within reach, while – even further afield – youngsters can use their device to delve into the wonders of our solar system with virtual tours of NASA's labs and mission control centres.

Try: Google Maps Treks • Google Earth VR • NASA at Home: Virtual Tours

For the avid reader

Your child's smartphone or tablet can become an inspirational learning tool that fires their imagination while improving their reading, vocabulary, spelling and comprehension. Mobile reading apps and audiobook libraries are worth setting some screen time aside for. As well as developing young ones' language skills, they also encourage the unbridled bliss of enjoying a good story.

Try: Hoopla • Epic • Audible

For the musician

Learning to play an instrument and creating music electronically has become much easier thanks to technology. As the field keeps advancing, more software is being created – and there are many applications which are compatible with various devices, including mobile phones. For example, your child could start their journey to becoming a superstar DJ with real-time mixing and editing tools.

Try: Let's Play Kids Music: Summer Musical • GarageBand • Transitions DJ • YouTube music tutorials

For the historian

Virtual tourism boomed when the pandemic cancelled everyone's travel plans. Let technology transport you to jaw-dropping historical sites or inside some of the world's most inspiring museums. Explore the Colosseum or the Amazon rainforest in VR, take a virtual tour of the National Museum of Computing at Bletchley Park or step inside the British Museum without leaving your living room!

Try: HistoryView Virtual Library • The British Museum • Google Street View • The National Museum of Computing 3D Virtual Tour

For the artist

Unleash your child's creative streak over the holidays with these arts and craft activity ideas! Most are quick and easy to make with materials you'll probably already have at home. There are ideas for young artists of all abilities, so you're sure to find a few exciting projects to try out. Children could also take a virtual tour of some stunning galleries and art installations.

Try: Artist at code.org • Summer crafts for kids at Activity Village • Summer arts and crafts at Projects with Kids • Google Arts and Culture – virtual reality tours you'll love

Meet Our Expert

Gary Reddin is Leader of the Virtual Curriculum at Alt Bridge School, a specialist provision school in Liverpool. He has supported the integration of technology into the teaching practice across the curriculum to empower young people to reach their academic potential and prepare for life beyond school.



National
Online
Safety

#WakeUpWednesday

