



OLSR PE Curriculum Overview

	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
Nursery	Body Management	Body Management	Speed, Agility, Travel	Speed, Agility, Travel	Body Management	Gymnastics
Reception	Body Management	Body Management	Speed, Agility, Travel	Speed, Agility, Travel	Body Management	Gymnastics
Year 1	Send and return	Run jump throw	Dance	Gymnastics	Hit run catch	Attack defend shoot
Year 2	Send and return	Run jump throw	Dance	Gymnastics	Hit run catch	Attack defend shoot
Year 3	Tag Rugby	Handball	Dance	Gymnastics	Athletics	Rounders
Year 4	Tag Rugby	Handball	Dance	Gymnastics	Athletics	Rounders
Year 5	Tag Rugby	Handball	Dance	Gymnastics	Athletics	Rounders
Year 6	Tag Rugby	Handball	Dance	Gymnastics	Athletics	Rounders