



Welcome to St Teresa's assembly



ST.
TERESA
OF
KOLKATA

September 5

"The fruit of
silence is prayer.
The fruit of prayer
is faith. The fruit
of faith is love. The
fruit of love is
service. The fruit of
service is peace."

By: Kavien, Nazila, Gia,
Leo, Ezamay and Ella mea



Prayer

- Dear Lord,
- I need strength to continue to pursue the race before me. I ask for happiness, boldness, and strength every day. While I know there will be hard times, I also know that with You, all things are possible. I wish to live a life that is full, and is a testimony to Your goodness.
- Help me to find joy in the small moments, to appreciate the blessings that I have been given.
- Amen.

About St Teresa of Calcutta



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. St Teresa helped others to become happy by working with the poor

She believed that love was the key to fulfilling life.

Her faith and devotion to God remained strong, leading her to find joy in serving others.

She was born on August 26, 1910 but then she died on September 5, 1997, in India.

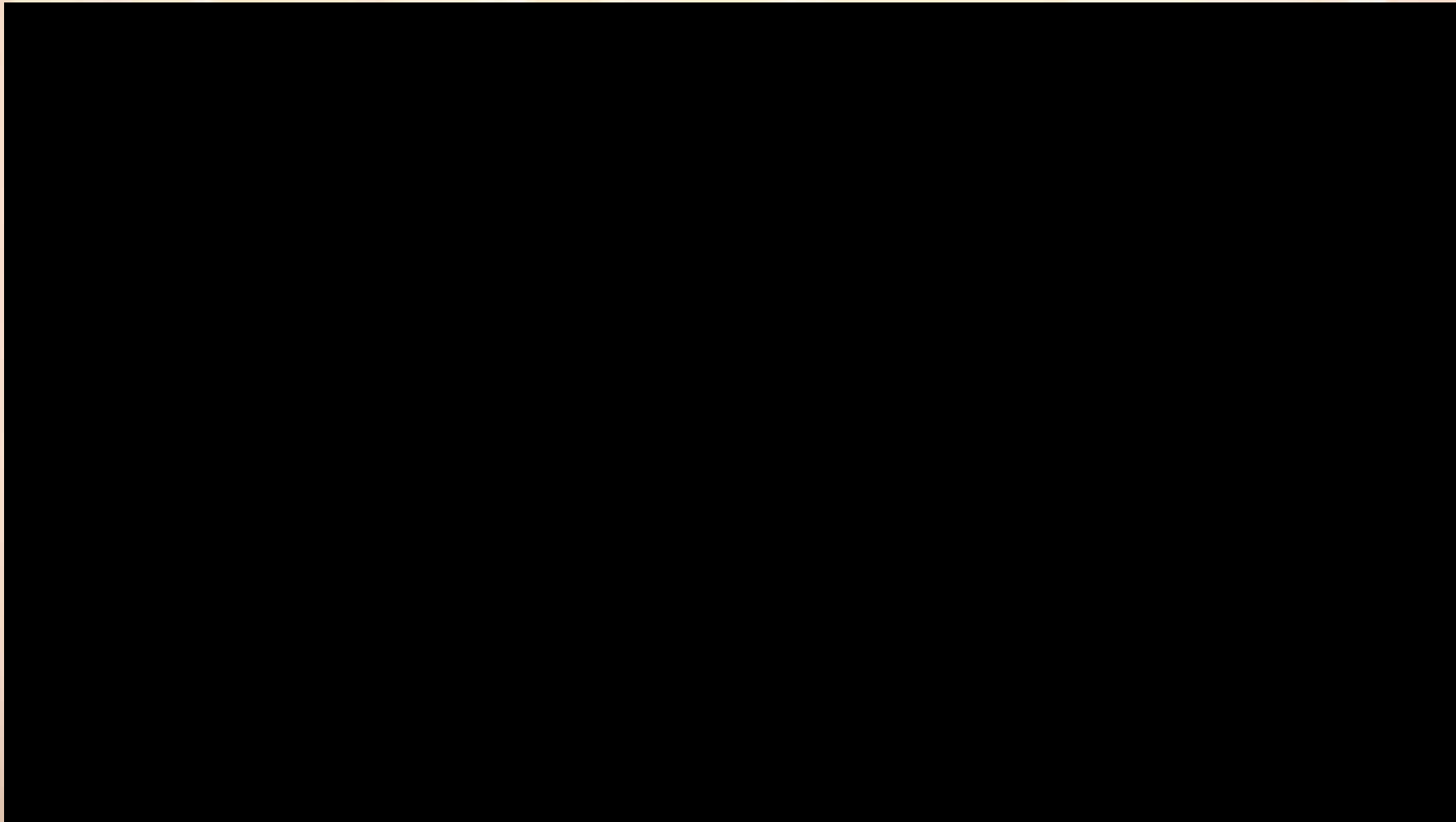
About the patron saint of Happiness



- The patron saint of happiness is St. Philip Neri.
- .Known for his work in Rome.
- .He was known for his sense of humor and love of laughter.
- .He was born in Florence in 1515
- .His feast day is on May 26.
- . He died on the feast of Corpus Christi in 1595.

Video

We will now show a video about not worrying and staying happiness



Bible reading

A reading from the book of Ecclesiastes 7:14

"In the day of prosperity be joyful, and in the day of adversity consider: God has made the one as well as the other, so that man may not find out anything that will be after him."

End prayer

Dear Lord,

We ask you to give us all around peace in our mind, body, soul and spirit. We want to heal and remove everything that is causing stress, grief, and sorrow in our lives.

Please guide our path through life and make our enemies be at peace with us.

I wonder...



How can we bring happiness to the world?
How can we bring our friends out of sorrow?
What can we do to bring joy around us and happiness
in our neighbourhood?





Thank you for listening to us



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