

The Memorare

**Remember, O most loving Virgin Mary,
that it is a thing unheard of,
that anyone ever had recourse to your protection,
implored your help,
or sought your intercession,
and was left forsaken.**



**Filled therefore with confidence in your goodness
I fly to you, O Mother, Virgin of virgins.
To you I come, before you I stand,
a sorrowful sinner.**

**Despise not my poor words,
O Mother of the Word of God,
but graciously hear
and grant my prayer.**

Amen.

