

# THE WEEKLY BULLETIN

IMPORTANT INFORMATION FOR THE WEEK AHEAD

DATE: FRIDAY 13<sup>TH</sup> MARCH 2026



A very happy Friday to you all!

This week feels like it's flown by as the Big Lent Walk has given us the chance to get out into the fresh air and show our support for Cafod. Thank you to all the parents who waved us off or beeped the children from the car. They absolutely loved hearing the support from you all. Next week, it's assessment week in school and the children will have the chance to showcase their learning from the year so far. Please ensure they rest well over the weekend and go to bed at a reasonable time, so that they are refreshed and focused during the assessments. In addition to this, Year 5 are off to the Black Country Living Museum. This is always a wonderful trip and, even though many children have been there on family days, a school trip always offers them a different perspective and the chance to experience new things. We hope they enjoy it as much as we do! And finally, as you go to sleep tonight, please think of Miss Mapother, Miss Elliot and Mr Galligan who are looking after the thirty 'Big Sleepout' children. We know the children will have a great time, but we hope the staff also manage to get some sleep overnight. It's a great experience, for an amazing cause.

## A message from your teachers

Class	Teachers	Message from your teachers
Nursery	Mrs Khan, Mrs Muhsen & Mrs Baxter	Another amazing week for nursery! We had a fantastic time during the Big Lent Walk. Nursery did so incredibly well and kept up during the walk. Thank you to everyone who attended the Parents Consultation, if you have any questions feel free to speak to us at the end of the day!
Reception	Mrs Shaw, Miss Humphries & Mrs Kalsi	It has been a busy week this week in Reception! We started each day with our Lenten walk around the local area which the children really enjoyed. In RE this week we have been thinking about our gifts and talents and thinking about ways that we can use our gifts and talents to help others. In Maths this week we have been breaking 10 into 2 parts using a part- whole model. Please remember to read with your child every night, complete the weekly phonics homework and login to NumBots.
Year 1	Miss Mapother & Mrs Jones	Well done on a great week Year 1, you have worked hard in class and parents evening was so lovely to say all the wonderful things about you all to your parents. Keep doing your homework, well done on a good week! Have a nice weekend!
Year 2	Miss Elliot & Mrs Barnett	Well done to year 6 on another fantastic week! The year 6 team really enjoyed having the chance to discuss the amazing things your children have been up to. With assessment week coming up, please remember to encourage children to do their homework.
Year 3	Mr Galligan & Mrs Deocades	Year 3 have been busy this week in all areas of the curriculum. From creating their own Ancient Egyptian paper, to seeing how friction works in science. The children have started gymnastics in PE, which is great to see so many of the class get excited for this. A huge well done to the children who became a homework hero last week and received 20 green house points each. Your hard work is greatly appreciated. Keep it up 😊.
Year 4	Mrs Mohan, Mrs Hickman & Miss Plant	What a wonderful week we have had in Year 4. We have continued to work hard in all subjects and particularly enjoyed the start of our new art unit. We can't wait to see their final pieces. A highlight of this week was the Big Lent Walk. We were so proud of how enthusiastic they were about the walk. Well done Year 4 another fantastic week. Just a reminder to continue with TTRS and logging on boom reader. We would like to see a few more homework heroes!
Year 5	Mrs Hensman, Mrs Edgington & Mrs Finnegan	Another fantastic week in Year 5 and the children have been working exceptionally hard in all their lessons. We've seen brilliant writing in English, insightful and reflective work in their RE lessons and great retrieval and understanding in Maths and History. If this weren't enough, they were superstars this week during the Big Lent Walk, and really helped encourage the Nursery children along the way. Next week, it's assessment week so please ensure the children go to bed early and have a good breakfast so they can showcase their progress this term!
Year 6	Mr McNamara, Mr Clewer & Mr Lahert	Well done to year 6 on another fantastic week! The year 6 team really enjoyed having the chance to discuss the amazing things your children have been up to. With assessment week coming up, please remember to encourage children to do their homework.

# Important information for the week ahead

Monday 9 <sup>th</sup> March	Tuesday 10 <sup>th</sup> March	Wednesday 11 <sup>th</sup> March	Thursday 12 <sup>th</sup> March	Friday 13 <sup>th</sup> March
<b>Assessment week for all children. Please ensure your child is on time each day!</b>				
		Year 5 trip to the Black Country Living Museum	Year 2 Stay and Pray 8.45am in the Hall	Celebration Assembly 8.45am in the hall Own clothes day to raise money for Acorns Children's Hospice

## Star of the Week



This week, the children had their chance to vote for their Mission Statement Luminary. As always, they were asked to think carefully about the children in their class who show that they learn, live and love together in Christ - allowing our Mission Statement to shine throughout the school. Well done to the following children for being such great role models for everyone at St Rose.

Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Charlie	Harper	Vince	Jesse	Avery	Alfie	Luke	Isabella

## Homework Heroes



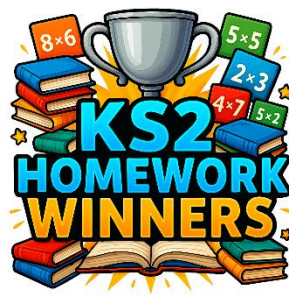
Our Homework Heroes are those children who consistently complete all of their homework, every day. In each class, those children who can do this, receive an automatic 20 house points and receive a 'Homework Hero' certificate to recognise their achievement.

The children in EYFS and KS1 need the support of their parents, to help ensure their reading is logged onto Boom Reader. Please help them become a 'Homework Hero.'

In addition, the classes are now in competition to become the 'Homework Hero' class. The children in EYFS and KS1 are battling against each other, whilst all the KS2 classes are now in competition. The winning team will automatically have their housepoints doubled and receive the Housepoint Hero Trophy (Ks2) or Homework Hedgehog (EYFS & KS1), to take pride of place in their classroom for the week. This week's winning classes are:



Reception



Years 5  
& 6

# Catholic Life at St Rose



Dear God,  
 Thank you for mothers and for all those who care for us with love.  
 Thank you for the hugs that comfort us, the wisdom that guides us, and the patience that helps us grow.  
 On this Mother's Day, bless all mothers and those who take on a mother's role in our lives. Give them strength when they are tired, joy in the love they share, and peace in their hearts.  
 Help us to show our gratitude through our kindness, our words, and our actions.  
 May every mother feel valued, appreciated, and surrounded by love today.  
 Amen.



**THE BIG LENT WALK** Lent calendar 2026 **CAFOD**  
 A better world needs all of us

Week:	One	Two	Three	Four	Five	Six
M	23 February	2 March	9 March	16 March	23 March	30 March
T	24 February	3 March	10 March	17 March	24 March	31 March
W	Ash Wednesday 25 February	4 March	11 March	18 March	25 March	1 April
T	19 February	26 February	5 March	12 March	19 March	Maundy Thursday
F	20 February	CAFOD Fast Day 6 March	13 March	20 March	27 March	Good Friday Easter Saturday Easter Sunday

This Sunday is known as 'Laetare Sunday' and is a time when we see experience the joy of seeing Jesus. You'll notice a difference in the colours shown in the Church, as they move from purple to pink. It is the halfway point in Lent, where we are encouraged to rejoice and remember that Easter is coming soon.

If Want to complete a '[Lent Calendar](#)' with your children during Lent. Simply click on the image to access each day.  
 In addition, there is a [Lent Family Pack](#) and [Lent Game](#) that you can also do with your children. Click on the links to access them.

## Wednesday Word

The Wednesday Word is available for you to access below. Click on the image to access this week's copy.

## Our Lady & St Rose of Lima Parish Church News

**Saturday Meetings for parents and children preparing for the sacraments**

Our next meeting is on **21st March 10 am at St Peters**

How Precious is the Family, as the Privileged Place for Transmitting the Faith - Pope Francis

Parish Newsletter  
[Click here for the full parish newsletter](#)

## Sunday Mass Times



**8.45am:** Mass at St Peters  
**11.30am:** Mass at St Rose

# Attendance at St Rose

Well done to Reception for having 100% attendance last week!

Here is the attendance for Spring 2 Week 2

Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
-	100%	86%	96.9%	95.9%	84.5%	88.3%	91.9%

## Every day matters

For your child to make the progress they deserve, they need to be in school.

As a school, this is something we monitor closely and is a high priority for us each academic year. Whilst odd days off may not seem significant, they do impact your child's learning. Unless your child is really poorly, please ensure they are in school and ready to learn. This will give your child the best chance of achieving their full potential.

## ATTENDANCE

Why is it so important?



Children are required by law to attend school 190 days per year. The government states that every child's attendance should be at least 95%.

**Don't forget!**  
Every child needs a plain white t-shirt that they can draw on during World Book Day! They'll also need to know a favourite book, so half term is the perfect time for them to decide which book they will use on the day!

## Punctuality

Being on time for school is crucial for your child!

If your child is late, this will affect their overall attendance and results in them missing some key tasks that will help them practise skills they have been taught in their lessons.

- Our school day starts at 8.30am.
- The registers are taken at 8.40am.
- Anyone arriving after 8.40am is classed as late.

If your child arrives after this time, they will already have missed some crucial work in the morning.

Please allow sufficient time to get to school so that your child can get the best start to their school day!



like the White Rabbit - be on time each day!

### Our school day

Gates open at 8.25am  
School starts at 8.30am  
Registers close at 8.40am

EYFS school day finishes at 3.20pm  
All other children finish at 3.30pm  
Friday - school finishes at 1.00pm

# Daily Homework

At St Rose we believe daily practise of Maths skills, along with daily reading are vital parts of your child's education. This is the only homework we set your children and should take a maximum of 20 minutes each day. It is an expectation of ALL children as we want ALL our children to have the greatest opportunity to achieve to their full potential.

Daily practise of either Numbots (KS1) and TTRS (KS2) will help your children to be fluent in their number facts and times tables, essential tools for their Maths lessons.

Daily reading will not only help your child become a fluent reader, but it will also instil a love of reading that provides them with a wider range of vocabulary and a more vivid

What daily homework does my child have?

Nursery & Reception:



Daily reading

Years 1 & 2



Daily Numbots (5 minutes) and daily reading

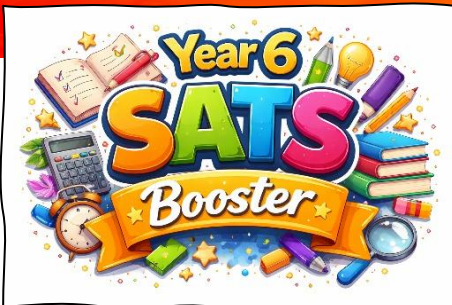
Years 3, 4, 5 & 6



Daily TTRS (10 minutes) and daily reading



All reading should be logged on Boom Reader



Mr McNamara and Mr Clewer will be running a Year 6 'SATS Booster' after school club each Monday from 3.30 - 4.15pm. Starting in Week 1, this will provide the children with valuable revision time, ahead of their SATs in Summer 1

## After School Clubs - Spring 2



We apologise for having to cancel the sports after school clubs this week. Sadly, this was due to unforeseen circumstances. We understand how disappointing this is for the children, so these clubs will continue into Summer 1, to allow them to have the maximum time.

Monday	Tuesday	Wednesday	Thursday
Football (Years 3, 4 & 5)	KS1 Fundamental skills	Mixed Ball Skills (Years 1 - 6)	KS2 Basketball
Year 6 Booster	Lighthouse Group		Choir

# Lent Charity Work



## LENT EVENTS COMING UP!

Friday 2<sup>nd</sup> February  
Wear Purple Day



Friday 6<sup>th</sup> March  
Own Clothes Day  
for the Big Easter Raffle

Mon 9<sup>th</sup> - Thur 12<sup>th</sup>  
The Big Toy Walk



Thursday 12<sup>th</sup> March  
Toy Swap



Friday 13<sup>th</sup> March  
The Big Sleepout



acorns Friday 20<sup>th</sup> March  
Own Clothes Day for Acorns  
Children's Hospice



Collections for Father Hudsons



Friday 27<sup>th</sup> March  
Family Fast Day



Easter Bonnet &  
Display Event!



# Important Information



## Year 5 School Trip

Year 5 are the next class to go on their curriculum trip... and it's a good one! Please check your Parent Pay and ensure your payments are made in advance of the trip!

Black Country Museum Trip  
Wednesday 18<sup>th</sup> March



## HELP!

Despite putting the lost property out on two occasions, the amount of clothing has not reduced.

Amongst the jumpers and cardigans, are a North Face black jacket and a Nike black jacket.

Please can you check to see if your child has lost anything and look in the playground next week.

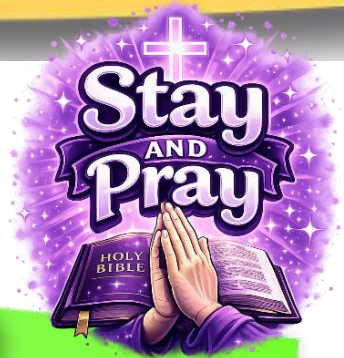
Have a wonderful weekend!

Mr Carroll and Mrs Hensman



The children will be completing their end of Spring term assessments next week. Most of them will take place on Monday and Tuesday so, unless your child is poorly, please make sure they are in on time and rested, ready for their assessments.

These assessments are not something the children should worry about. They should see it as a chance to showcase what they have learnt. They are never in competition with anyone but themselves and we can't wait to see how brilliantly they do!



## Year 2 Stay and Pray

Year 2 will lead the next stay and pray in the hall on Thursday 19<sup>th</sup> March.

Please remember, this is a pray session so ensure mobile phones are on silent at all times.

# Keeping your child safe online

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one topic of many which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.



It can be challenging for parents and carers to know whether children are spending too much time on their devices. Furthermore, it's even more of a challenge to know whether a child is addicted to the internet and social media. As technology is becoming more pervasive, children and young people are experiencing tech-related dependencies. Do we as parents and carers have the knowledge to identify and support children and young people who may be developing an addiction to their devices?



**47%** of parents said they thought their children spent too much time in front of screens



## What parents need to know about **SCREEN ADDICTION**



### HEALTH & WELLBEING

Children as young as 13 are attending 'smartphone rehab' following growing concerns over screen time. There are now help centers in the UK which deal with screen addiction for children and adults showing the seriousness of device addiction. The World Health Organisation (WHO) has officially recognised gaming addiction as a modern disease. The condition was confirmed as part of their International Classification of Diseases (ICD) which serves as an international standard for diagnosing and treating health conditions.

### LACK OF SLEEP

7 out of 10 children said they had missed out on sleep because of their online habits and 60% said they had neglected school work as a result. It is important that children get the sleep they need in order to focus the next day.

### LOSS OF INTEREST IN OTHER THINGS

Your child may become less interested in anything that does not include their device. You may notice that your child is missing school time and generally being less engaged with other activities in the home. It is important to discuss this with your child as soon as you notice a behaviour change.



### CONFIDENCE, SUPPORT & ADVICE

The Children's Commissioner report 'Life in Likes' explored how children aged 8-11 are using social media today. It showed that children are using their devices to speak to their online friends about their problems and seek acceptance and support, removing face to face interactions.

### APPS CAN BE ADDICTIVE

Apps have been designed with 'psychological tricks' to constantly keep grabbing your attention. One example of this is on the app Snapchat, where you can gain 'streaks' when interacting with your friends. If you don't respond, you lose the streak. This addictive nature of apps aims to engage children and keep them coming back for more.



**National Online Safety**



## Top Tips for Parents



### LIMIT SCREEN TIME

In today's digital age, technology is an important part of a child's development so completely banning them from their device will mean they are missing out on a lot, including conversations and communication with their friends. Rather than banning them from using their devices, we suggest setting a screen time limit. Work out what you think is a suitable and healthy amount of time for your child to be on their device per week. Remember that your child may need to use devices for their school homework so only set screen limits on recreational time on their device. Once you have established this, have the conversation with them to discuss why you are implementing a screen limit. There will be others in your child's friendship group who will not have screen limits set and will be sending messages when they do not have access to their phones.

### LEAD BY EXAMPLE

Children model their behavior on their peers, so if their parents are constantly on their device, they will see this as acceptable. Try limiting your own screen time and follow the same rules you have set for them. If you have asked your child to not use their device at the table, make sure you don't. Try setting house rules that the whole family abide by.

### REMOVE DEVICES FROM THEIR BEDROOM

Setting a rule about removing devices from bedrooms will help your child to get the sleep they need and be more focussed the next day at school. 20% of teenagers said that they wake up to check their social network accounts on their devices. Even by having a device switched off in their bedroom, they may be tempted to check for notifications.

### LESS TIME MEANS LESS EXPOSURE

There are many risks associated with devices, such as cyberbullying, grooming, sexting, viewing inappropriate content etc. Less time spent on a screen means that a child will be less exposed to these risks.

### MOBILE-FREE MEAL TIMES

Have you tried to settle your child by giving them a tablet at the dinner table or restaurant? This may seem like a quick fix to calm them down but in reality, it is encouraging them to use their device as a distraction from conversation and dealing with their emotions. We suggest removing all technology from the dinner table and having conversations with your family about how their day has been.

### ENCOURAGE ALTERNATE ACTIVITIES

It may seem like an obvious solution, but encouraging children to play with their friends, read a book, or playing outdoors will help them realise they can have fun without their device. Playing football, trampolining, camping, going for a walk or swimming are all healthy replacements for screen time. Try to join them in their Outdoor activities to show your support.

### STATISTICS

**52%** of children aged 3-4 go online for nearly **9hrs** a week

**82%** of children aged 5-7 go online for nearly **9.5hrs** a week

**93%** of children aged 8-11 go online for nearly **13.5hrs** a week

**99%** of children aged 12-15 go online for nearly **20.5hrs** a week

Children and Parents: Media Use and Attitudes Report 2018

SOURCES: <https://www.independent.co.uk>, Children and Parents: Media Use and Attitudes Report 2018: <https://www.ofcom.gov.uk>, <http://uk.businessinsider.com/how-app-developers-keep-us-addicted-to-our-smartphones>, Journal of Youth Studies: <https://www.mirror.co.uk/tech/one-five-kids-losing-sleep-9639986>, University of Leeds: [https://medhealth.leeds.ac.uk/news/article/1296/lack\\_of\\_sleep\\_damaging\\_for\\_children](https://medhealth.leeds.ac.uk/news/article/1296/lack_of_sleep_damaging_for_children)



# Spring Term Key Dates

## January

**Tuesday 6<sup>th</sup> January**

- Children return to school at 8.30am

**Wednesday 7<sup>th</sup> January**

- Year 6 Parent Workshop

**Thursday 8<sup>th</sup> January**

- Year 5 Parent Workshop

**Thursday 15<sup>th</sup> January**

- Year 3 Parent Workshop

**Wednesday 22<sup>nd</sup> January**

- Year 2 Parent Workshop

**Thursday 22<sup>nd</sup> January**

- Year 1 Parent Workshop

**Wednesday 28<sup>th</sup> January**

- Reception Parent Workshop

**Thursday 29<sup>th</sup> January**

- Year 1 Trip to the Think Tank Museum
- Nursery Parent Workshop

## February

**Wednesday 4<sup>th</sup> February**

- Year 4 Parent Workshop

**Thursday 5<sup>th</sup> February**

- Year 6 Stay and Pray

**Thursday 12<sup>th</sup> February**

Year 5 Stay and Pray postponed

**Friday 13<sup>th</sup> February**

- Children break up at 1pm

**Monday 23<sup>rd</sup> February**

- Children return to school at 8.30am

**Tuesday 24<sup>th</sup> February**

- One Life Retreat Day

**Thursday 26<sup>th</sup> February**

- Year 4 Stay and Pray

## Years 3 & 4 Swimming

Monday 19<sup>th</sup> - 20<sup>th</sup> January AND  
Monday 26<sup>th</sup> - 27<sup>th</sup> January

## March

**Thursday 5<sup>th</sup> March**

- World Book Day

**Thursday 12<sup>th</sup> March**

Year 3 Stay and Pray postponed due to Big Lent Walk

**Wednesday 11<sup>th</sup> March**

- Parent Consultation Afternoon

**Wednesday 18<sup>th</sup> March**

- Year 5 Trip to Black Country Living Museum

**Thursday 19<sup>th</sup> March**

- Year 2 Stay and Pray

**Thursday 26<sup>th</sup> March**

- Year 1 Stay and Pray

**Friday 27<sup>th</sup> March**

- Children break up at 1pm

## World Book Day

For World Book Day this year, EVERYONE will need to bring in a cheap plain white t-shirt!

WORLD BOOK DAY





# Summer Term Key Dates

## April

Tuesday 14<sup>th</sup> April

- Children return to school at 8.30am

Thursday 16<sup>th</sup> April

- Year 2 Trip to Mount Pleasant Farm
- Year 6 Stay and Pray

Thursday 23<sup>rd</sup> April

- Reception Trip to Tamworth Castle
- Year 5 Stay and Pray

Thursday 30<sup>th</sup> April

- Year 4 Stay and Pray

## Test Dates

- KS2 SATs: 11<sup>th</sup> - 14<sup>th</sup> May
- KS1 SATs: Throughout May
- Year 1 Phonics: w/c 8<sup>th</sup> June
- Year 4 Multiplication: w/c 1<sup>st</sup> June

## Years 1 & 2 Swimming



Monday 13<sup>th</sup> - Friday 17<sup>th</sup> April AND  
Monday 20<sup>th</sup> - Friday 24<sup>th</sup> April

## May

Monday 4<sup>th</sup> May

- Bank Holiday - SCHOOL CLOSED

Thursday 7<sup>th</sup> May

- Election Day - SCHOOL CLOSED

Thursday 14<sup>th</sup> May

- Year 4 Trip to Botanical Gardens
- Year 3 Stay and Pray

Tuesday 19<sup>th</sup> May

- Year 3 Trip to Warwick Castle

Thursday 21<sup>st</sup> May

- Year 2 Stay and Pray

Friday 22<sup>nd</sup> May

- Children break up at 1pm

## Summer Fair



Thursday 9<sup>th</sup> July  
**ADVANCE NOTICE**

School will close at 3pm to  
allow all the staff to run stalls  
at the Summer Fair

## June

Monday 1<sup>st</sup> June

- Children return to school at 8.30am

Tuesday 2<sup>nd</sup> June

- KS2 Sports Day (TBC)

Monday 8<sup>th</sup> - Wednesday 10<sup>th</sup> June

- Year 5 & 6 Residential to Alton Castle

Thursday 11<sup>th</sup> June

- Year 1 Stay and Pray

Thursday 18<sup>th</sup> June

- Nursery Trip to Ash End Farm
- Reception Stay and Pray

## July

Wednesday 1<sup>st</sup> July

- Transition Day

Thursday 2<sup>nd</sup> July

- Nursery Stay and Pray

Monday 6<sup>th</sup> - Friday 10<sup>th</sup> July

- Healthy Living Week

Wednesday 8<sup>th</sup> July

- Charity Day

Thursday 9<sup>th</sup> July

- EYFS Sports Day 9.00 - 10.00am
- KS1 Sports Day 10.30 - 11.30am
- Summer Fair 3.00 - 4.30pm

Wednesday 15<sup>th</sup> July

- Year 6 Leaver's Mass (TBC)

Thursday 16<sup>th</sup> July

- Year 6 Leaver's Performance 2.00pm

Friday 17<sup>th</sup> July

- Children break up at 1pm