

THE WEEKLY BULLETIN



IMPORTANT INFORMATION FOR THE WEEK AHEAD

DATE: FRIDAY 8TH MAY 2026

A very happy Friday to you all!

It's been a very short week for us all with a bank holiday and an election day in one week. For Year 6, this has meant a few days to do some last-minute revision for their SATs next week. We are incredibly proud of each and every one of them. See this is an opportunity to shine – we know how brightly you shine every day! More information for year 6 is contained further in the bulletin.

Today, the children are celebrating the 100th birthday of David Attenborough, by completing different activities in their classes to showcase his wonderful life. The bulletin also contains some ideas that you may want to do with your children at home.

As we are now entering the season of warmer weather (fingers crossed), it's important that you remind yourselves of the school uniform policy. Further details are included in the bulletin to help you. Please take the time to read this.

And finally, Years 4 and 5 are going on trips this week, so we hope the weather holds out for them, as both trips are largely based outside. We hope they have a wonderful time.

Important information for the week ahead

Monday 11 th May	Tuesday 12 th May	Wednesday 13 th May	Thursday 14 th May	Friday 15 th May
Year 6 SATs breakfast 8am in the hall	Year 6 SATs breakfast 8am in the hall	Year 6 SATs breakfast 8am in the hall	Year 6 SATs breakfast 8am in the hall	Celebration Assembly in the school hall 8.45am
KS2 SPAG Paper	KS2 Reading Paper	KS2 Arithmetic Paper and Reasoning Paper 1	KS2 Reasoning Paper 2	
Year 5 Tales Together 3.15pm in the hall	Year 5 Oscott College Retreat Day Year 4 Tales Together 3.15pm in the hall	Year 5 RSHE Parent Meeting 8.45am in the hall	Year 4 Trip to the Botanical Gardens Year 3 Stay and Pray 8.45am in the hall Year 2 Tales Together 3.15pm in the hall	

Mission Statement Luminaries



Last week, we celebrated the Summer term 'Mission Statement' luminaries for each class.

This award is always a wonderful award to give as it is the children who decide who they think demonstrates they are 'learning, living and loving together in Christ'. This half term, children with names beginning with 'A' seem to have dominated the Mission Statement nominations, showing they are truly AMAZING!

Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Azaan	Abigail	Avery	Autum	Francis	Evelina	Angel	Ayah

Year 6

Important Information

A special message from Mr McNamara, Mr Clewer and Mr Lahert

After all their hard work, Year 6 will be heading into SATs next week and we cannot wait for them to show just how hard they have worked this year!

We have included some links to useful websites at the bottom of the page, which the children may want to access to do some revision prior to the tests commencing on Monday. We would appreciate your support in getting the children to continue to practice their spellings in preparation for Monday's test, as well as other areas that they may be struggling in.



Attendance is crucial every day and all children need to go to bed at a reasonable time so that they are well rested and able to shine as bright as we know they can!

We thank you for your continued support, and we look forward to seeing the children flourish and shine during the SATs week!



For the children who have signed up for the pre-SATs breakfast, please arrive at the hall door at 8.00am prompt.

A selection of items, including toast, cereal, fresh fruit, yoghurt and juice will be available to help the children prepare for the day ahead.

SATs breakfast takes place from Monday - Thursday.

Dear God,

We pray for all the Year 6 children as they prepare for their SATs.

Help them to feel calm when they are worried, confident when they doubt themselves, and proud of all they have achieved.

Remind them that SATs do not define who they are. A test result can never measure their kindness, creativity, courage, humour, or the wonderful qualities that make each child unique and special.

As they sit their tests, help them to see this as a chance to shine – an opportunity to showcase the hard work, determination, and perseverance they have shown throughout the year.

Give them clear minds, steady hearts, and the confidence to simply do their best.

Surround them with encouragement from teachers, friends, and family, and help them to remember that they are valued far beyond any score or grade.

May they leave each day feeling proud of themselves and excited for all the opportunities ahead.

Amen.



Monday	Tuesday	Wednesday		Thursday
Spelling, Punctuation and Grammar Paper	Reading Paper	Arithmetic Paper	Reasoning Paper 1	Reasoning Paper 2

Useful links (click each of the links)

[SATs Papers](#)

[BBC Bitesize SATs](#)

[Looking after yourself during SATs](#) [Crystal Explorers English Game](#)

Catholic Life at St Rose

May - the month of Mary

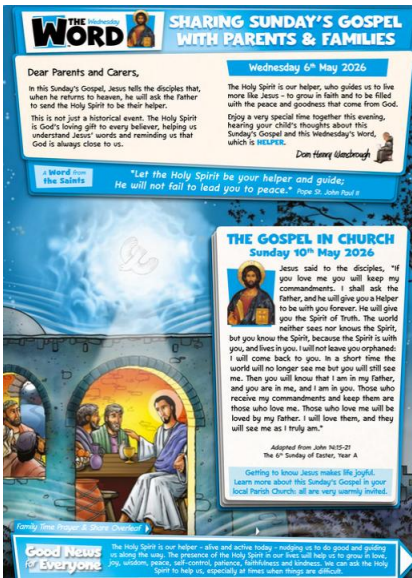
During the month of May, we celebrate Mary, mother to us all. May is a time when spring is in full bloom - flowers are growing, the days are brighter, and the world is full of new life. This beauty reminds us of Mary and so we honour her and the new life she helped bring into the world through Jesus.



Dear God,
 Thank you for the beauty of May
 And for Mary, gentle and kind.
 Help us to be like her,
 Loving, patient, and caring each day.
 Bless our families and our school,
 And stay with us always.
 Amen.

Wednesday Word

Please click on the image below to access this week's Wednesday Word.



Prayers to say with your children during the month of May

Hail Mary

The Rosary
 Magnificat

Hail Holy Queen
 The Memorare

Prayer focus for Summer 1

This half term, our prayer focus is Pope Francis' Five Finger prayer.

This is a beautiful way for the children to understand about praying for others before themselves.

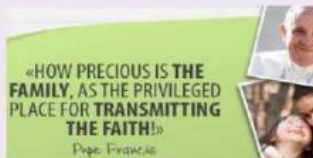


Our Lady & St Rose of Lima Parish Church News

Saturday Meetings for parents and children preparing for the sacraments

Our next meeting is on

16th May
 10 am at St Peters



A date for your diary

Sunday
 19th July

At St
 Peters



Annual Parish BBQ



Parish Newsletter

[Click here for the full parish newsletter](#)



Sunday Mass Times

8.45am:

Mass at St Peters

11.30am:

Mass at St Rose

Attendance at St Rose

Well done to Reception for having the highest attendance last week!

Here is the attendance for Summer 1 Week 3

Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
96.9%	99.3%	97.7%	95.3%	97.3%	97.2%	97%	93.9%

Every day matters

For your child to make the progress they deserve, they need to be in school.

As a school, this is something we monitor closely and is a high priority for us each academic year. Whilst odd days off may not seem significant, they do impact your child's learning. **Unless your child is really poorly, please ensure they are in school and ready to learn.** This will give your child the best chance of achieving their full potential.

ATTENDANCE

Why is it so important?



Children are required by law to attend school 190 days per year. The government states that every child's attendance should be at least 95%.

HOW DO YOU MEASURE UP?

Attendance	Days Absent	Weeks Absent	Lessons Absent
95%	9 days	2 weeks	50 lessons
90%	19 days	4 weeks	100 lessons
85%	29 days	6 weeks	150 lessons
80%	38 days	8 weeks	200 lessons
75%	48 days	10 weeks	250 lessons
70%	57 days	11.5 weeks	290 lessons
65%	67 days	13.5 weeks	340 lessons

Punctuality

Being on time for school is crucial for your child!

If your child is late, this will affect their overall attendance and results in them missing some key tasks that will help them practise skills they have been taught in their lessons.

- Our school day starts at 8.30am.
- The registers are taken at 8.40am.
- Anyone arriving after 8.40am is classed as late.

If your child arrives after this time, they will already have missed some crucial work in the morning.

Please allow sufficient time to get to school so that your child can get the best start to their school day!



Don't be late like the White Rabbit - be on time each day!

Our school day

Gates open at 8.25am
School starts at 8.30am
Registers close at 8.40am

EYFS school day finishes at 3.20pm
All other children finish at 3.30pm
Friday - school finishes at 1.00pm



School Uniform

at St Rose

We would like to remind all families of the importance of ensuring that children attend school always wear the correct school uniform.

Wearing the appropriate uniform helps promote a sense of pride, belonging and consistency across the school community.



SUMMER SCHOOL UNIFORM

As we move into the warmer weather, please ensure that children are dressed in the correct summer uniform. In particular:

- Blue gingham summer dresses with shorts underneath (these can be cycling shorts)
- Shorts worn to school must be plain black / grey school shorts. Cycling shorts, sports shorts or very short shorts are not permitted.
- Plain black trainers must be always worn. Trainers with coloured logos, soles or markings are not part of the school uniform.

The full version of the school uniform policy can be found on our website by [clicking here](#).



HAIR

We would also like to remind parents of the school expectations regarding hairstyles:

- All long hair should be tied back using plain hair accessories only.
- Hairstyles should be smart and appropriate for school.
- Extreme styles, patterns shaved into hair, brightly coloured hair or elaborate accessories are not permitted.



JEWELLERY

- Children may wear a watch and small stud earrings only.
- Other jewellery should not be worn in school for health and safety reasons.
- Nail varnish should not be worn in school.

David Attenborough Day

Celebrating his 100th Birthday!

David Attenborough is 100 years old!
He has spent his life exploring our planet
and teaching us to love and look after nature.
Let's celebrate his amazing life and the
natural world he cares so much about!

★ Friday 8th May ★

EYFS

Little Explorers



Go on a mini beast hunt
in your garden or
local park.



Make an animal mask
or draw your
favourite animal.



Listen to some of
David Attenborough's
videos made for
little learners.



Plant a seed or grow
something and watch
it change.



Make a nature picture
using leaves, flowers,
twigs or stones.

KS1

Nature Discoverers



Draw or paint a picture
of your favourite animal
and write some facts
about it.



Watch a David Attenborough
nature clip together and
talk about what you
have learned.



Make a bird feeder or
bug hotel to help wildlife
in your garden.



Write a thank you card
to say 'Thank You David!'
for teaching us to care for
our planet.



Go on a nature walk and
see how many different
plants, birds or insects
you can spot.

KS2

Planet Protectors



Research David Attenborough's
life and career. Create a
fact file or timeline.



Choose an environmental
issue you care about.
Research it and present
your ideas for how we can
help our planet.



Create a short nature
documentary or podcast
about wildlife or a local
environmental issue.



Design a poster or campaign
to inspire others to protect
nature.



Take action! Litter pick,
recycle, reduce plastic or
start a nature project at
home or school.

Let's celebrate David Attenborough's
100th birthday by learning, exploring
and taking care of our amazing planet!

Friday 8th May – let's make a difference together!

Important Information

healthy lunchboxes and snacks

We are seeing a number of children come to school with food that is unhealthy and inappropriate for school. Children should not have sugary treats or drinks and food should have any bones removed before arriving in school.

A healthy lunch should contain carbs, a source of protein, fruit, calcium and a healthy drink!



School trips in May

As we approach the end of April, our attention turns to the trips that are taking place in May. Please ensure you check ParentPay and pay for the trip ahead of the dates:

Thursday 14th May: Y4 Botanical Gardens
Tuesday 19th May: Y3 Warwick Castle

Have a wonderful weekend!

Mr Carroll and Mrs Hensman



Do you have any board games at home that aren't played with anymore?

We have several children who have expressed that they would love to be able to play games during their breaks and lunchtimes, so we're trying to get a collection of games together for them. If you have any complete games, that you would like to donate to school, please bring them to the office. Thank you!



Year 3 Stay and Pray

The Year 3 stay and pray takes place on Thursday 14th May at 8.45am in the hall

Please come and share some prayer time with the children.



Tales Together

Join us for Story Time in the School Hall!

Come and enjoy a story session with your child!

Twice per half-term, each class will share their end-of-day story in the hall, and parents and carers are invited to join us! ✨

EYFS
3:00pm



KS1 & KS2
3:15pm



Sessions will last 15 minutes

Come along, relax and enjoy a story with your child!

Check the timetable below for your class dates:

Tales Together Timetable

Class	Date	Time
Year 6	Tuesday 14 th April & Tuesday 5 th May	3:15 - 3:30pm
Year 5	Thursday 16 th April & Monday 11 th May	3:15 - 3:30pm
Year 4	Monday 20 th April & Tuesday 12 th May	3:15 - 3:30pm
Year 3	Tuesday 21 st April & Monday 18 th May	3:15 - 3:30pm
Year 2	Thursday 23 rd April & Thursday 14 th May	3:15 - 3:30pm
Year 1	Monday 27 th April & Tuesday 19 th May	3:15 - 3:30pm
Reception	Tuesday 28 th April & Thursday 21 st May	3:00 - 3:15pm
Nursery	Thursday 30 th April	3:00 - 3:15pm

We look forward to seeing you there!

Let's share the magic of reading! ✨

Reminders will be sent out via text and bulletin!

Keeping your child safe online

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about STREAMING SERVICES

Streaming services are platforms that allow users to watch cartoons, documentaries and movies online immediately (often referred to as SVOD: streaming videos on demand). Ofcom reported that children and young adults prefer streaming services to traditional TV. With two-thirds of UK households subscribing to at least one streaming service, parents must understand how to manage screen time, set age restrictions and ensure safe viewing.

WHAT ARE THE RISKS?

COSTLY

Subscription services can be costly. As the main source of entertainment, most households have at least one streaming platform, and each platform has its own monthly subscription fee. Services are charging more for ad-free viewing, and better quality and resolution; however, there is a cheaper option with adverts. Due to price increases, Netflix and Disney+ reported a sharp increase in users subscribing to their ad-supported tier in 2025.

ILLEGAL STREAMING

Sharing passwords or using modified Fire Sticks to access streaming content without permission is illegal. Most streaming services have now put measures in place to detect account sharing. When account sharing is identified, platforms will offer an opportunity to pay for an added member or will ask the user to verify who they are.

AGE-INAPPROPRIATE CONTENT

Most streaming platforms allow users to set up a profile for each family member, with the option of putting specific restrictions in place. These include adding a profile lock or PIN, controlling autoplay of previews and next episodes, and limiting content based on age ratings. Nonetheless, these restrictions aren't foolproof. Content which is rated as suitable for an age group may still include themes, language, or images which children and families find inappropriate.

EXCESSIVE SCREEN TIME

Excessive screen time contributes to sedentary behaviour and can negatively impact physical and mental health. Ofcom found that 4- to 15-year-olds averaged 2.5 hours per day across all video-sharing platforms, not including gaming. The vast range of content available, combined with features such as autoplay, makes it easy for children to watch for extended periods of time.

BINGE WATCHING

Features such as autoplay make it easy for viewers – especially young people – to continue watching episodes without a break. This can foster unhealthy and addictive patterns, such as consuming a vast amount of content in one sitting. With binge watching come a lack of social interaction, lack of physical exercise, and often late nights and sleep disruptions which impact their mental and physical wellbeing.

HARMFUL STEREOTYPES

Many platforms track viewing habits, time consumed, and preferences, and generate recommendations to encourage your child to keep watching. This results in your child being in a 'loop' whereby they think the 'recommended' shows would be something they would enjoy rather than thinking critically for themselves. This can shape their beliefs, values, and understanding of the world from a young age without even realising it.

Advice for Parents & Educators

SET UP INDIVIDUAL PROFILES AND ADD PINS

Almost all streaming services allow users to set up individual profiles where each family member can have age restrictions put in place for the content they can view. Adult profiles can be protected through the use of PIN. Keep this private. Use the options of putting specific restrictions in place such as controlling autoplay of previews and next episodes, and limiting content based on age ratings.

MONITOR AND TALK OFTEN

Discuss with your child what they are watching, find out which programmes are trending, and watch them yourself. Have a little look at their watch history to check the content of what they're watching. Some platforms have been known to recommend or autoplay older or graphic content after a child's movie has been played. While some tv shows or movies may have a suitable age rating, your child may still find the content scary, or it may explore themes you don't want to explore with your child yet.

TALK ABOUT ALGORITHMS

Talk to your child about how streaming services track what they watch, and base adverts and recommended shows/movies on previous viewing. Encourage them to critically think about whether the recommendations are suitable and how they want to spend their time. Discuss stereotypes with your child and challenge them to think about what they watch and how this may influence their beliefs.

SET TIME RESTRICTIONS

Many streaming services offer the opportunity to buy movies, or add additional features to your subscription such as sports channels, as well as play games. This can increase the amount of time young people spend sitting idly in front of the screen. Some platforms (e.g. Apple TV+) allow you to set screen time restrictions. If the streaming service doesn't allow you to set screen time limits, set a family rule and stick to it.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator, and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government, comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College

See full reference list on our website

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Summer Term Key Dates

April

Tuesday 14th April

- Children return to school at 8.30am

Wednesday 22nd April

- Year 2 Trip to Mount Pleasant Farm

Thursday 23rd April

- Reception Trip to Lamworth Castle
- Year 3 Stay and Pray

Thursday 30th April

- Year 4 Stay and Pray

Test Dates

- KS2 SATs: 11th - 14th May
- KS1 SATs: Throughout May
- Year 1 Phonics: w/c 8th June
- Year 4 Multiplication: w/c 1st June

Years 1 & 2 Swimming



Monday 13th - Friday 17th April AND
Monday 20th - Friday 24th April

May

Monday 4th May

- Bank Holiday - SCHOOL CLOSED

Thursday 7th May

- Election Day - SCHOOL CLOSED

Thursday 14th May

- Year 4 Trip to Botanical Gardens
- Year 3 Stay and Pray

Tuesday 19th May

- Year 3 Trip to Warwick Castle

Thursday 21st May

- Year 2 Stay and Pray

Friday 22nd May

- Children break up at 1pm

Summer Fair



Thursday 9th July
ADVANCE NOTICE

School will close at 3pm to allow all the staff to run stalls at the Summer Fair

June

Monday 1st June

- Children return to school at 8.30am

Tuesday 2nd June

- KS2 Sports Day (TBC)

Monday 8th - Wednesday 10th June

- Year 5 & 6 Residential to Alton Castle

Thursday 11th June

- Year 1 Stay and Pray

Thursday 18th June

- Nursery Trip to Ash End Farm
- Reception Stay and Pray

July

Wednesday 1st July

- Transition Day

Thursday 2nd July

- Nursery Stay and Pray

Monday 6th - Friday 10th July

- Healthy Living Week

Wednesday 8th July

- Charity Day

Thursday 9th July

- EYFS Sports Day 9.00 - 10.00am
- KS1 Sports Day 10.30 - 11.30am
- Summer Fair 3.00 - 4.30pm

Wednesday 15th July

- Year 6 Leaver's Mass (TBC)

Thursday 16th July

- Year 6 Leaver's Performance 2.00pm

Friday 17th July

- Children break up at 1pm