

# THE WEEKLY BULLETIN

IMPORTANT INFORMATION FOR THE WEEK AHEAD

DATE: FRIDAY 15<sup>TH</sup> MAY 2026



**A very happy Friday to you all!**

This week has been all about Year 6 and we are incredibly proud of every one of the children. They have come to school early, opted to do some extra revision whilst munching on toast, fruit and cereal and have approached each test paper with confidence and positivity. A week of tests is not easy for anyone, and they must now be so relieved to have completed them all. Well done!

We've also had a week of trips, where Years 4 and 5 escaped the classroom for the day to visit Oscott College and the Botanical Gardens. Whilst it may not have been as warm as we'd have liked, our spirits were still high, and all the children enjoyed being out in the fresh air. Next week, year 3 will go on their trip for this academic year, where they'll step back in time at the fabulous Warwick Castle. We hope they have an amazing time!

And finally, whilst our lost property pile has reduced considerably, we are still gaining clothes on a daily basis. One of the biggest problems we have are a lack of names on the jumpers and cardigans. Can we please request you make this a job for the weekend and ensure your child's clothes are labelled. This will make the task of reuniting clothing with their owners a lot easier. Have a wonderful weekend!

## A message from your teachers

Class	Teachers	Message from your teachers
Nursery	Mrs Khan, Mrs Muhsen & Mrs Baxter	Nursery have had another exciting week and have been watching their caterpillars carefully, excited for their transformation into their chrysalis. We hope we don't miss the butterfly transformation and pray it happens next week, and not during half term!
Reception	Mrs Shaw, Miss Humphries & Mrs Kalsi	In Maths this week we have been learning how to counting on and back using number lines. In English this week we have been using known letter sounds to write words and sentences about the story the Whale who wanted More. In Art the children have been looking at shadows and sketching pictures of sunflowers. Please make sure that you are reading with your child every night and completing the weekly Phonics homework that is sent home on a Friday.
Year 1	Miss Mapother & Mrs Jones	Another great week in year 1, you have worked hard in your writing lessons! Thank you for doing your phonics sheet homework, keep completing these, reading at home and doing numbots, it makes a big difference. Have a great weekend!
Year 2	Miss Elliot & Mrs Barnett	Year 2 have had a fantastic week and have been working incredibly hard in all of their lessons. They have especially enjoyed starting their new Geography topic all about Northern Europe and are excited to learn more about the countries, landscapes and cultures of the region. Have a great weekend!
Year 3	Mr Galligan & Mrs Deocades	Year 3 have been working hard all week looking at exploration in reading, Western Europe in Geography and permeable and impermeable rocks in science! Year 3 are greatly looking forward to their school trip on Tuesday to Warwick castle! Please remind your children to keep up with their daily homework which is 10 minutes of Times table rock stars and Boom reader. Have a lovely weekend, only one week to go!
Year 4	Mrs Mohan, Mrs Hickman & Miss Plant	We had a lovely day at the Botanical gardens for our class trip on Thursday. Please remember to continue practising your times tables with the upcoming Multiplication Tables Test in the first 2 weeks of June (straight after the May half-term). <a href="https://www.gov.uk/government/publications/multiplication-tables-check-information-for-parents/multiplication-tables-check-information-for-parents-text-version--2">https://www.gov.uk/government/publications/multiplication-tables-check-information-for-parents/multiplication-tables-check-information-for-parents-text-version--2</a> Please either use Maths Frame or Soundcheck on TTRS for a mock version of the test - <a href="#">Multiplication Tables Check - Mathsframe</a>
Year 5	Mrs Hensman, Mrs Edgington & Mrs Finnegan	We've had a wonderful week in Year 5, and we all thoroughly enjoyed the trip to Oscott College. The trip was focused around 'Laudato Si' - Pope Francis' letter about caring for our common home. Whilst it was a little chilly, it was lovely being outside and enjoying the beautiful grounds of the college. One of our favourite moments, was sitting on tree stumps, listening to birds and drawing the nature around us.
Year 6	Mr McNamara, Mr Clewer & Mr Lahert	We are incredibly proud of all of our Year 6 children for the hard work, determination, and resilience they have shown throughout their SATs week. They approached each test with a positive attitude and gave their very best effort, which is all we could ever ask for. The children have worked tremendously hard all year, and it has been wonderful to see their confidence and perseverance shine through this week. They should all feel extremely proud of themselves. Thank you also for your continued support and encouragement at home. It truly makes a difference. We look forward to celebrating the children's achievements and enjoying the exciting final term ahead together.

# Important information for the week ahead

Monday 18 <sup>th</sup> May	Tuesday 19 <sup>th</sup> May	Wednesday 20 <sup>th</sup> May	Thursday 21 <sup>st</sup> May	Friday 22 <sup>nd</sup> May
Year 3 Tales Together 3.15pm in the hall	Year 3 trip to Warwick Castle		Reception Tales Together 3.15pm in the hall	Celebration Assembly in the hall 8.45am
	KS2 Athletics Tournament Tudor Grange			
	Year 1 Tales Together 3.15pm in the hall			

## Stars of the Week



This week, our stars of the week have been chosen because their work has been beautifully presented in Maths. This can often be a hard subject to make look beautiful, particularly at this time of the year when children are drawing lines, shapes and angles. The class teachers have looked carefully at all the work produced this week and chosen the children below because they have shone brighter than everyone else.

Well done to everyone!

Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Hosea	Zachariah	Thomas	Hennes	Lanayai	Vimbiso	Milka	All of Year 6

## After School Clubs - Summer 2



We are delighted to announce that our sports after-school clubs will be back in full swing next half term. Letters will go out next week, so please ensure you sign them and return them as soon as possible, to ensure your child is on the list.

Monday	Tuesday	Wednesday	Thursday
Football (Years 3, 4 & 5)	KS1 Fundamental skills	Mixed Ball Skills (Years 1 - 6)	KS2 Tennis and Badminton
Year 6 Booster	Lighthouse Group		Choir

# Well done Year 6!

At St Rose, you've worked so hard,  
Showing courage, strength, and heart.  
Through every SATs test, day by day,  
You always gave your best along the way.

With determination, care, and pride,  
You faced each challenge side by side.  
Your kindness and friendship helped you through,  
And all the staff are so proud of you.

Your faith has shone in all you do,  
With helping hands and hearts so true.  
You've shown God's love through every smile,  
Supporting each other all the while.

Now take a moment to celebrate too,  
Because today belongs to you.  
Well done, Year 6 – you've made us proud,  
And your hard work has truly shone throughout.



## Coming up in Summer 2...



# Catholic Life at St Rose

## The Ascension of Jesus

Yesterday was the feast of the Ascension, the day when Jesus returned to Heaven. It is a time of hope, mission and promise. Hope, because Jesus has opened the way to all of us. Mission, because we are now called to live as His followers and Promise, because Jesus promises the gift of the Holy Spirit.



Loving Jesus,  
as You returned to Heaven,  
You promised to stay with us always.

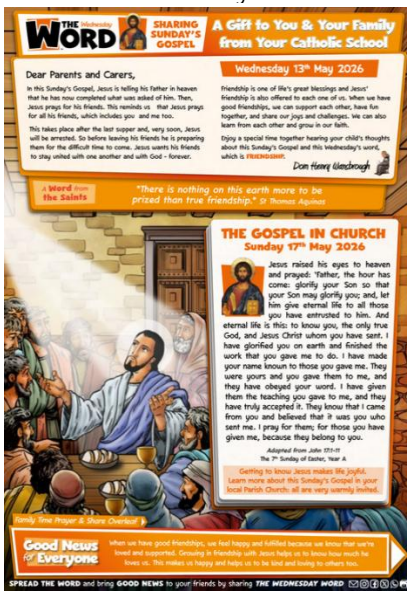
Help us to follow You,  
to share Your love with others,  
and to live as Your faithful disciples each day.

Send Your Holy Spirit to guide us  
and fill our hearts with hope and peace.

Amen.

## Wednesday Word

Please click on the image below to access this week's Wednesday Word.



## Prayers to say with your children during the month of May

### Hail Mary

The Rosary  
Magnificat

Hail Holy Queen  
The Memorare

## Prayer focus for Summer 1

This half term, our prayer focus is Pope Francis' Five Finger prayer.

This is a beautiful way for the children to understand about praying for others before themselves.



## Our Lady & St Rose of Lima Parish Church News

Saturday Meetings for parents and children preparing for the sacraments

Our next meeting is on

16th May  
10 am at St Peters

«HOW PRECIOUS IS THE FAMILY, AS THE PRIVILEGED PLACE FOR TRANSMITTING THE FAITH!»  
Pope Francis



A date for your diary

Sunday  
19th July

At St  
Peters



Annual Parish BBQ



## Parish Newsletter

[Click here for the full parish newsletter](#)



## Sunday Mass Times

8.45am:

Mass at St Peters

11.30am:

Mass at St Rose

# Attendance at St Rose

Well done to Reception for having the highest attendance last week!

Here is the attendance for Summer 1 Week 3

Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
96.1%	98.3%	97.8%	90%	94.4%	96.7%	96.7%	93.5%

## Every day matters

For your child to make the progress they deserve, they need to be in school.

As a school, this is something we monitor closely and is a high priority for us each academic year. Whilst odd days off may not seem significant, they do impact your child's learning. **Unless your child is really poorly, please ensure they are in school and ready to learn.** This will give your child the best chance of achieving their full potential.

## ATTENDANCE

### Why is it so important?



Children are required by law to attend school 190 days per year. The government states that every child's attendance should be at least 95%.

### HOW DO YOU MEASURE UP?

Attendance	Days Absent	Weeks Absent	Lessons Absent
95%	9 days	2 weeks	50 lessons
90%	19 days	4 weeks	100 lessons
85%	29 days	6 weeks	150 lessons
80%	38 days	8 weeks	200 lessons
75%	48 days	10 weeks	250 lessons
70%	57 days	11.5 weeks	290 lessons
65%	67 days	13.5 weeks	340 lessons

## Punctuality

Being on time for school is crucial for your child!

If your child is late, this will affect their overall attendance and results in them missing some key tasks that will help them practise skills they have been taught in their lessons.

- Our school day starts at 8.30am.
- The registers are taken at 8.40am.
- Anyone arriving after 8.40am is classed as late.

If your child arrives after this time, they will already have missed some crucial work in the morning.

Please allow sufficient time to get to school so that your child can get the best start to their school day!



Don't be late like the White Rabbit - be on time each day!

### Our school day

Gates open at 8.25am  
School starts at 8.30am  
Registers close at 8.40am

EYFS school day finishes at 3.20pm  
All other children finish at 3.30pm  
Friday - school finishes at 1.00pm

# Important Information



Do you have any board games at home that aren't played with anymore?

If you have any complete games, that you would like to donate to school, please bring them to the office. Thank you!

## healthy lunchboxes and snacks

We are seeing a number of children come to school with food that is unhealthy and inappropriate for school. Children should not have sugary treats or drinks and food should have any bones removed before arriving in school.

A healthy lunch should contain carbs, a source of protein, fruit, calcium and a healthy drink!



## IMPORTANT!

If your child has sickness or diarrhoea, they must stay away from school for 48 hours AFTER the last episode of sickness or diarrhoea.

This is crucial to ensure any bugs do not spread to other children or staff members. If you bring your child back sooner, we will have to call you to collect them.



## Year 2 Stay and Pray

Due to a special assembly on Thursday for the whole school, we have had to postpone the Year 2 Stay and Pray. We apologise for any inconvenience this may cause.



# School Uniform

## = at St Rose =

We would like to remind all families of the importance of ensuring that children attend school always wear the correct school uniform.

Wearing the appropriate uniform helps promote a sense of pride, belonging and consistency across the school community.



### SUMMER SCHOOL UNIFORM

As we move into the warmer weather, please ensure that children are dressed in the correct summer uniform. In particular:

- Blue gingham summer dresses with shorts underneath (these can be cycling shorts)
- Shorts worn to school must be plain black / grey school shorts. Cycling shorts, sports shorts or very short shorts are not permitted.
- Plain black trainers must be always worn. Trainers with coloured logos, soles or markings are not part of the school uniform.

The full version of the school uniform policy can be found on our website by [clicking here](#).



### HAIR

We would also like to remind parents of the school expectations regarding hairstyles:

- All long hair should be tied back using plain hair accessories only.
- Hairstyles should be smart and appropriate for school.
- Extreme styles, patterns shaved into hair, brightly coloured hair or elaborate accessories are not permitted.



### JEWELLERY

- Children may wear a watch and small stud earrings only.
- Other jewellery should not be worn in school for health and safety reasons.
- Nail varnish should not be worn in school.



# Tales Together

Join us for Story Time in the School Hall!

Come and enjoy a story session with your child!

Twice per half-term, each class will share their end-of-day story in the hall, and parents and carers are invited to join us! ✨

EYFS  
3:00pm



KS1 & KS2  
3:15pm



Sessions will last 15 minutes

Come along, relax and enjoy a story with your child!

Check the timetable below for your class dates:

## Tales Together Timetable

Class	Date	Time
Year 6	Tuesday 14 <sup>th</sup> April & Tuesday 5 <sup>th</sup> May	3:15 - 3:30pm
Year 5	Thursday 16 <sup>th</sup> April & Monday 11 <sup>th</sup> May	3:15 - 3:30pm
Year 4	Monday 20 <sup>th</sup> April & Tuesday 12 <sup>th</sup> May	3:15 - 3:30pm
Year 3	Tuesday 21 <sup>st</sup> April & Monday 18 <sup>th</sup> May	3:15 - 3:30pm
Year 2	Thursday 23 <sup>rd</sup> April & Thursday 14 <sup>th</sup> May	3:15 - 3:30pm
Year 1	Monday 27 <sup>th</sup> April & Tuesday 19 <sup>th</sup> May	3:15 - 3:30pm
Reception	Tuesday 28 <sup>th</sup> April & Thursday 21 <sup>st</sup> May	3:00 - 3:15pm
Nursery	Thursday 30 <sup>th</sup> April	3:00 - 3:15pm

We look forward to seeing you there!

Let's share the magic of reading! ✨

Reminders will be sent out via text and bulletin!

# Keeping your child safe online

At The National College, our WakeUpWednesday guides empower and equip parents and carers with the confidence and practical skills to be able to have informed and age-appropriate conversations with their children about online safety, mental health and wellbeing, and climate change. For further guides, hints and tips please visit [nationalcollege.com](http://nationalcollege.com).

## 10 Top Tips on Supporting Children with SELF-REGULATION

Children need to learn to understand and recognise their emotions, while finding healthy ways to process them. Emotional self-regulation, however, depends heavily on age and development. While very young ones or children with special educational needs and disabilities (SEND) may find it particularly challenging to self-regulate, nurturing these important skills can be hugely beneficial. Here are ten top tips for supporting children with their self-regulation.

### 1. DESIGNATE A TRUSTED ADULT



It's vital that children feel safe and know that there's someone they can always go to for help if they need it. Schedule consistent times for the child to develop a relationship with this person - ideally through play and games - allowing trust to grow and ensuring that the child is more likely to come forward if anything is wrong, rather than hiding their emotions.

### 2. MEET CHILDREN HALFWAY

Unless you know where a child is developmentally and tailor your approach to their needs, you're less likely to have an impact. In particular, younger ones and children with SEND can struggle to self-regulate and instead rely on others to help them. We call this 'co-regulation'. Rather than offering strategies for self-regulation, it could be better to start co-regulating with a trusted adult first.

### 3. FACTOR IN THEIR BASIC NEEDS



Remember that for a child to develop emotional regulation skills, their basic needs must be met first. Children who are hungry, tired, cold and so on - as well as those who have experienced adverse childhood experiences - may struggle to self-regulate. Before you develop strategies with any child, make sure they feel safe, secure and comfortable in themselves.

### 4. REMAIN PATIENT



If a child is struggling with their emotions, it can often become difficult to stay calm. Remember that dysregulation is beyond their control, so a display of frustration or anger could negatively impact the situation. Instead, children need to be met with comfort and understanding to help them manage these problematic feelings.

### 5. BE 'A DYSREGULATION DETECTIVE'



While some children can tell you why they become dysregulated, many others can't. You could investigate potential triggers by observing the child and talking to their family. When the child becomes dysregulated, note down details like the time, what they're doing and who they're with - the trigger may be someone they sit near, an unmet sensory need or something else entirely. Once we identify some triggers, we can help to avoid or overcome them.

### 6. USE SUITABLE LITERATURE



There are some wonderful books that can help you teach self-regulation to children. Reading these with a child can be especially powerful. Take time to discuss the content: ask questions about what feelings the characters had, why they felt that way and what strategies helped them. It can also be useful to refer back to snippets of these books at appropriate moments.

### 7. TRY SENSORY RESOURCES



An overlap between sensory needs and emotional regulation is possible. Children may struggle to self-regulate if they're experiencing sensory overload (a noisy classroom, for example). Positive sensory input can help calm them down. Use resources such as weighted blankets and fibre-optic lights. Of course, what works for one child might not work for another - so it's important to offer a choice of resources to discover which they prefer.

### 8. NURTURE INDEPENDENCE



If you feel it's appropriate, let children try out these strategies alone. Always offer them a choice: they could listen to music when they're feeling stressed, for example, or they could write down their worries or draw something to represent how they feel. This may take time for the child to get used to, so be patient. Encourage them to share any helpful strategies with a trusted adult.

### 9. MODEL GENUINE FEELINGS



Children learn a lot just from watching grown-ups. Don't be afraid to show your own emotions and self-regulation strategies. While you'll obviously want to avoid sharing anything too personal with children, they should still see us experiencing and handling our own feelings. Tell them how you are feeling, then show them how to respond in a healthy manner.

### 10. FORMULATE A PLAN



As much as we try to prevent children from experiencing dysregulation, it's always wise to have an appropriate plan for when it does happen. Discuss this strategy with the child (if appropriate) and their family. The best approach for an individual child is often a bespoke one; it's hugely important to know in advance what might help and what could worsen the situation.

### Meet Our Expert

Georgina Durrant is an author, former teacher, Special Educational Needs Coordinator and the founder of the award-winning SEN Resources Blog, where she shares activities, advice and recommendations for parents and teachers of children with SEND.



#WakeUpWednesday

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# Summer Term Key Dates

## April

**Tuesday 14<sup>th</sup> April**

- Children return to school at 8.30am

**Wednesday 22<sup>nd</sup> April**

- Year 2 Trip to Mount Pleasant Farm

**Thursday 23<sup>rd</sup> April**

- Reception Trip to Lamworth Castle
- Year 3 Stay and Pray

**Thursday 30<sup>th</sup> April**

- Year 4 Stay and Pray

## Test Dates

- KS2 SATs: 11<sup>th</sup> - 14<sup>th</sup> May
- KS1 SATs: Throughout May
- Year 1 Phonics: w/c 8<sup>th</sup> June
- Year 4 Multiplication: w/c 1<sup>st</sup> June

## Years 1 & 2 Swimming



Monday 13<sup>th</sup> - Friday 17<sup>th</sup> April AND  
Monday 20<sup>th</sup> - Friday 24<sup>th</sup> April

## May

**Monday 4<sup>th</sup> May**

- Bank Holiday - SCHOOL CLOSED

**Thursday 7<sup>th</sup> May**

- Election Day - SCHOOL CLOSED

**Thursday 14<sup>th</sup> May**

- Year 4 Trip to Botanical Gardens
- Year 3 Stay and Pray

**Tuesday 19<sup>th</sup> May**

- Year 3 Trip to Warwick Castle

**Thursday 21<sup>st</sup> May**

- Year 2 Stay and Pray

**Friday 22<sup>nd</sup> May**

- Children break up at 1pm

## Summer Fair



**Thursday 9<sup>th</sup> July**  
**ADVANCE NOTICE**

School will close at 3pm to allow all the staff to run stalls at the Summer Fair

## June

**Monday 1<sup>st</sup> June**

- Children return to school at 8.30am

**Tuesday 2<sup>nd</sup> June**

- KS2 Sports Day (TBC)

**Monday 8<sup>th</sup> - Wednesday 10<sup>th</sup> June**

- Year 5 & 6 Residential to Alton Castle

**Thursday 11<sup>th</sup> June**

- Year 1 Stay and Pray

**Thursday 18<sup>th</sup> June**

- Nursery Trip to Ash End Farm
- Reception Stay and Pray

## July

**Wednesday 1<sup>st</sup> July**

- Transition Day

**Thursday 2<sup>nd</sup> July**

- Nursery Stay and Pray

**Monday 6<sup>th</sup> - Friday 10<sup>th</sup> July**

- Healthy Living Week

**Wednesday 8<sup>th</sup> July**

- Charity Day

**Thursday 9<sup>th</sup> July**

- EYFS Sports Day 9.00 - 10.00am
- KS1 Sports Day 10.30 - 11.30am
- Summer Fair 3.00 - 4.30pm

**Wednesday 15<sup>th</sup> July**

- Year 6 Leaver's Mass (TBC)

**Thursday 16<sup>th</sup> July**

- Year 6 Leaver's Performance 2.00pm

**Friday 17<sup>th</sup> July**

- Children break up at 1pm